

Chocolate covered blueberry protein shake

Prep Time:5 min Total Time:5 min

Ingredients

- 6 ounces vanilla almond milk*
- 2 TBS frozen blueberries
- 2 TBS cocoa powder
- 2 scoops (40 grams) vegan protein powder**
- 2 TBS whole oats

Instructions

- 1 Blend everything up until silky smooth and enjoy!

Notes

- *I used Silk Vanilla Almond Milk. Get a coupon [here](#).
- **I use Skoop protein powder
- optional: handful of spinach or greens